

Heritage Lifecare

# Sample Activities

MON	TUES	WED	THUR	FRI	SAT	SUN
 <p><b>Birthday Celebration</b></p>	 <p><b>Mystery Outing</b></p>	 <p><b>Bake &amp; Share</b></p>	 <p><b>Scenic Outing</b></p>	 <p><b>Painting</b></p>	 <p><b>Movie &amp; Snacks</b></p>	 <p><b>Current Affairs</b></p>
 <p><b>Chess &amp; Checkers</b></p>	 <p><b>Sewing &amp; Textiles</b></p>		 <p><b>Memories &amp; Reflections</b></p>	 <p><b>DIY Paper Craft</b></p>	 <p><b>High Tea</b></p>	 <p><b>Sunday Choir</b></p>
 <p><b>Monday Mystery Board Games</b></p>	 <p><b>Painting for all</b></p>	 <p><b>Current Affairs</b></p>	 <p><b>Book Club</b></p>	 <p><b>Friday Card Games</b></p>	 <p><b>Movie &amp; Snacks</b></p>	 <p><b>Gardening Club</b></p>
 <p><b>Living &amp; Wellbeing</b></p>	 <p><b>Card Making</b></p>	 <p><b>Picnic at the Park</b></p>		 <p><b>Scrabble Friday</b></p>	 <p><b>Memories &amp; Reflections</b></p>	 <p><b>Family Day</b></p>
 <p><b>Bake &amp; Share</b></p>	 <p><b>Pamper Session</b></p>					

\*Activities are subject to change, contact your local Lifecare Manager for a current activities programme.